

# DINING HALL 2009-2010

Due to recent studies concerning childhood obesity and foods with minimal nutritional values (MNVs), St. Mary's Dining Hall will follow the guidelines for healthy foods in conjunction with the rest of the State of Texas. For more information please visit the following government website: [www.TexasDepartmentofAgriculture.com](http://www.TexasDepartmentofAgriculture.com). For information about the St. Mary's School Wellness Policy, see the school office or check the school website at [www.stmaryslgv.org](http://www.stmaryslgv.org).

The food served in St. Mary's Dining Hall is prepared fresh daily. Foods that are appealing to a child's taste and appetite are fixed, while maintaining the highest quality of products offered for food service. A few of these product suppliers include:

<i>Tyson Chicken</i>	<i>Campbell's Soup and Sauces</i>	<i>Libby</i>
<i>State Fair Products</i>	<i>Blue Bell Ice Cream</i>	<i>Heinz</i>
<i>Delmonte</i>	<i>Lays Baked Chips</i>	<i>Kraft</i>

## LUNCH PRICES:

Student/Child Visitor (under 14)	<b>\$2.00</b>
Teacher/Staff/School Volunteers	<b>\$2.50</b>
Adult Visitor (over 14)	<b>\$3.00</b>
Extra Entree w/lunch ("doubles")	<b>\$1.25</b>
Ala Carte Entree	<b>\$1.50</b>
Pizza, Baked Potato, Hoagie, Hot Pocket w/lunch or ala carte	<b>\$1.50</b>
Ala Carte Vegetable/Salad	<b>\$1.00</b>
Student Milk (Government Subsidized)	<b>\$0.20</b>
Adult Milk	<b>\$0.40</b>
Juice	<b>\$0.35</b>
Ice Cream	<b>\$0.75</b>
Fresh Fruit (Apples, Oranges, Plums)	<b>\$0.75</b>
Snack Items (Baked Chips, Crackers, Goldfish, etc.)	<b>\$0.75</b>

**SNACK TIME (EC 1-3/Kindergarten - Grade 3):** Snack time is scheduled each day for our youngest students. The EC/K snack fee (pre-paid each semester) provides nutritious snacks such as raisins, fruit, crackers with cheese, etc. Milk and juice are extra based on the prices listed above. These snacks are occasionally for sale for Grades 1 - 3, or similar nutritious snacks may be brought from home. PLEASE DO NOT SEND SWEETS OR CANDY!

**LUNCH SNACKS:** Students may purchase milk or juice and snacks on account during lunch time (& snack time). Selections and prices vary and may include fresh fruit, raw vegetables & dip, baked chips, pretzels, nuts, cheese & crackers etc. **Cost: \$0.75**